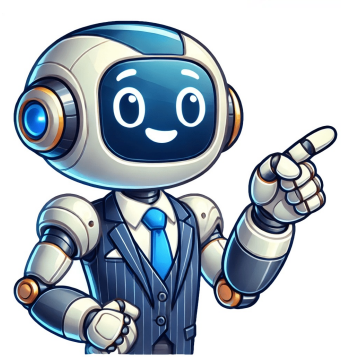


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to your understanding of a riders proclivities and help you envision how a given race will unfold.My last recommendation is to pay close attention to the top riders on a given circuit, as they typically have the best understandings of how a racetrack is playing on a given day as well as long-term trends that favor a given running-style at a particular distance.If you see a top rider keeping his mount well off the rail in several races in succession on a particular day, for instance, you might conclude that the paths near the rail were dead that is deeper than other parts of the racing surface and enter that in your records. That may give you an advantage when horses that were stuck on the inside on that day return on a fairer racetrack.As for longer-term trends, a top jockey might have realized that a high percentage of horses with speed that are drawn inside are winning most of the one-mile dirt races at a given track. These riders will make getting to the rail in front in the early stages of a race a priority, sending a signal to attentive horse handicappers in the process.Another interesting scenario that can be productive from a betting standpoint occurs when a top rider lands on a long shot. These jocks often have their pick of several mounts in a race, so the fact that he or she is riding an outsider today is often worth additional study.Some signals that the horse might be live despite its long odds are sharp recent workouts, a change in distance or racing surface that could serve as a wake-up call or a race after the horse was claimed or purchased and moved to a new barn.Again, it is not wise to bet on such runners automatically. Many top jockeys have strong relationships with certain trainers and will ride virtually anything they send out. Or they may be riding a horse in an unfavorable scenario today in order to retain the mount for when the horses is switched to a new distance or racing surface where it can be expected to be more successful.As with jockeys, betting blindly on horses trained by a certain conditioner is almost never a profitable strategy.Trainers, more so than jockeys, are intimately involved with preparing their charges to race and play a bigger role in the outcome than the riders in most races, in my opinion.As with jockeys, however, a trainer cant make a slow horse run fast. But he or she can be sure it is mentally well prepared to compete and place it in a spot where it figures to be competitive.While some top trainers win a high percentage of races 25 percent would be considered excellent over the long term punters usually catch on to their prowess quickly and begin betting their horses to such an extent that the low payouts result in long-term negative return on investment (ROI).The solution to this dilemma is the same as it is with jockeys:You need to drill down into a trainers overall record to identify their strengths and weaknesses, the riders they use in different situations, their preferred workout patterns, etc.To do that, I again will highly recommend paying for a commercial service that allows you to examine trainers performances in different circumstances over time rather than trying to maintain your own records a very time-consuming task and one that wont be nearly as productive if youre not an ace at manipulating spreadsheets.You can usually find overall statistics for free, but In the U.S., services like STATS Race Lens and the (DRF) Daily Racing Forms Formulator software, for example, allow you to tailor your searches to situations that are relevant to the race youre handicapping.DRF Bets ResultsFor example, you might want to know a trainers record over the past five years with sprint winners coming off a layoff of at least three months. Database queries like that often uncover situations that return a long-term positive ROI not a guarantee that he or she will win today, but at least information that other fans may be lacking.On your favored circuits, I also recommend keeping notes of your observations about how various trainers prepared their winning charges for the race you just witnessed. I typically just use a notebook with a page for every trainer, then start anew at the next stop on the circuit after transferring any top-like takeaways. Youd be surprised the insights that such anecdotal reports can generate when patterns begin to emerge.A certain trainer who is very good at getting his or her charges ready off a long vacation may, for instance, default to a set pattern in workouts in the final stages of preparations say five fast workouts six or seven days apart, beginning at 4 furlongs and increasing to 6 in the final spin before a race. The routine may change, depending on whether the trainer is preparing a horse for a sprint or a longer route race.Bob BaffertSome trainers have a much stronger record on one racing surface or distance. That can also be ascertained through the statistics, but it helps if you know what to look for. A high-profile example in the U.S. is Hall of Fame trainer Bob Baffert, who has produced winners on the dirt and all-weather tracks at the sterling rate of 24 percent over his illustrious career. On turf, however, he has won with just 14 percent of his starters over the past five years as of this writing.Finally, a trainer may turn to a certain jockey or jockeys when he or she is hungry for a victory. Knowing those relationships can uncover plenty of winners over the long haul, often at very nice prices.Bottom line: Trainers, more than jockeys, are often a determining factor in my handicapping. If any trainer in the race has been successful in the long term in the situation they find themselves in today, I want to know about it and most likely bet it at the windows.Want to know more how to bet on horse racing? Here is our complete betting guide with answers to 71 common questions related to online wagering on horses in the USA. This is how online horse betting work.

How to odds work in betting. Betting odds explained uk. Betting on horses.